# Everyday Passions: Balancing Career, Personal Life and Philanthropy

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# • • What is Passion?

Passion = personal intensity; an
underlying force that fuels our
strongest emotions

**Passions** = activities, ideas and topics that elicit these emotions

## • • What is Passion?

#### Passion is: Passion is not:

- natural
- dynamic
- empowering
- unconditional

- addiction
- talent
- forced
- fleeting

It is with you for a lifetime.....

### Passion has two elements:

#### Content-based vs. Context-based

- cooking
- tennis
- painting
- computers
- dogs
- travel

- learning
- competition
- entrepreneurship
- helping others
- involvement
- leading

# How do you blend both into your lives and careers?

.....so that your life – personal & professional – becomes a *reflection of your passion?* 

.....listen to our panelists!

# • • You "start from the heart"

- Feeling
- Thinking
- Acting

Passion begets passion!



- What is my "big purpose for living"?
- What do I foresee my greatest possible accomplishments in life as being?
- o How can my passion help me achieve this greater purpose?